



CAPE WINELANDS TOUR

ALL ABOUT EXPERIENCES



SOUTH AFRICA - WESTERN CAPE



OVERVIEW:

The winelands of the Western Cape have historically been the epicenter of mountain biking in South Africa.

From epic single track to remote mountain passes, the Western Cape is a riders dream.

Expertly maintained trails weave between vineyards, streams and indigenous bush as they make their way from one valley to the next. And after the ride is done, the areas superb wines and extensive choice of restaurants finish off a superb day in the beautiful Cape.

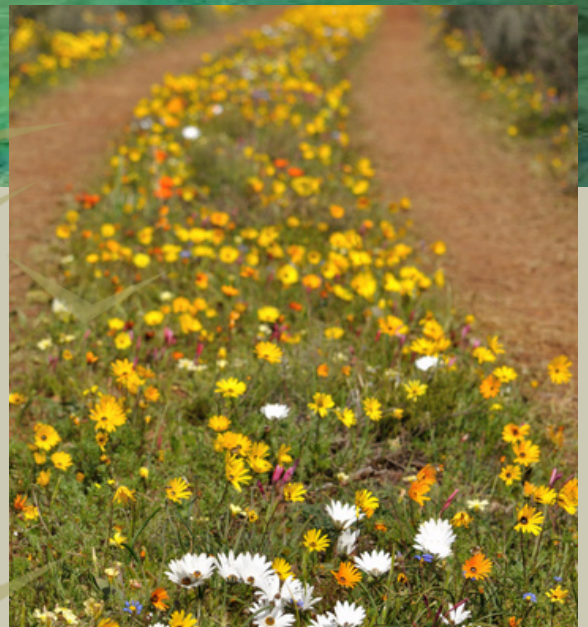
DETAILS:

Includes:

- Transportation in an air-conditioned vehicle
- Specialised bike trailer
- Registered and professional guide & bike mechanic
- All accommodation
- Meals specified at venues
- Activities: Game drives at Game Reserve

Excludes:

- Entrance fees & conservation levies for activities
- All meals not specified at accommodations
- All drinks
- Items of a personal nature
- Travel & bike insurance



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ITINERARY:

Day 1

ARRIVAL - CAPE TOWN

Your Guide will collect you from Cape Town International Airport and transfer you to The Victoria & Alfred Waterfront to check into The Commodore Hotel. Once settled in & freshened up, you will take a hop-on hop-off bus with your guide to get an overview of the city.

A three course dinner will be enjoyed at the Cape Town Fish Market Restaurant at the Clock tower, Waterfront.

Overnight: The Commodore Hotel (DBB)

Day 2

ROBBEN ISLAND

Weather permitting: Visit Robben Island departing at 9:00. This is where the late Nelson Mandela was imprisoned. From the 17th to the 20th centuries, Robben Island served as a place of banishment, isolation and imprisonment. Today it is a World Heritage Site and museum. Have lunch at the Waterfront. After lunch take the hop-on hop-off bus, explore Cape Town at your own pace, stopping at any of the 18 stops on the circular route around the city. Tickets available from the Two Oceans Aquarium in front of the hotel.

Dinner this evening is at the Cape Town Fish Market Restaurant at the Clocktower, Waterfront.

Overnight: The Commodore Hotel (DBB)



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Day 3

CAPE AGULHAS

We leave Cape Town at 09:30 after breakfast towards Cape Agulhas. This is the geographic southernmost tip of Africa. This is where the two great oceans, the Atlantic and the Indian, shake hands.

On arrival, you will have lunch at a local cafe while your guides offload the bikes. After lunch & bike preparation you will cycle to the most Southerly Point in Africa, take pictures & continue further along to see some of the many ship wrecks.

Dinner at guest house.

Distance: 20kms – (easy gravel)

Overnight: Cape Agulhas Guest House (DBB & Café lunch)

Day 4

HERMANUS

After breakfast, you will set off on your bikes towards Struisbaai & then the little missionary village of Elim, stopping along the way for some fruit & water. A typical Cape Malay dish will be enjoyed with a refreshing glass of wine at the local restaurant in the missionary village of Elim! Whilst lunch is being eaten bikes will be racked & then we drive to Hermanus – about 1.5 hours in the bus.

Once we arrive in Hermanus, you will check into the hotel & then the evening is free to wonder around & have dinner at a restaurant of your choice.

Distance: 46kms – (easy gravel road with a few gentle hills)

Overnight: Windsor Hotel (B&B & Café lunch)

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Day 5

STELLENBOSCH

This morning after breakfast, we will drive about 20 kilometres out of Hermanus, where we start cycling along the R44 towards Betty's Bay. We stop here to see a colony of African penguins & have some refreshments.

We will continue cycling & after a short distance we cycle on a private gravel path to Rooi Els, here we will have lunch, relax & have a swim in the ocean!

We will then drive approximately 1 hour to Stellenbosch – centre of viticulture and learning. The streets are lined with homes in the Cape Dutch, Cape Georgian, Regency and Victorian styles.

This evening you will enjoy a walk in the local township with Tembi at about 17:30, followed by dinner with Mama Shumi.

Distance: 40kms (few hills – gravel & tar)

Overnight: Knorhoek Guest House (DBB & lunch)

Day 6

FRANSCHHOEK

This morning after breakfast, we will cycle over Helshoogte starting on the original old road to Franschhoek. Stop along the way at Camberley for wine tasting & lunch after about after 16 kms of cycling.

Helshoogte is quite spectacular and scenic as it winds its way between the Simonsberg and Stellenbosch Berg mountains. After lunch continue into Franschhoek – the food capital of the Cape!! Sundowners will be enjoyed at Dieu Donne, overlooking the beautiful Franschhoek Valley, dinner here is optional.

Distance: 42 kms (tar – 1 fairly long steep hill)

Overnight: Le Ballon Rouge (B&B & lunch on a wine farm)



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Day 7

FRANSCHHOEK

There is an optional early morning cycle up Franschhoek Pass for the energetic!! After breakfast we will cycle in a circular route along the quiet Robertsvlei Road stopping to have a quick look at the French Huguenot Museum Gardens, then for wine tasting at Glenwood. You will have lunch at your leisure & spend the afternoon & evening relaxing or shopping in this quaint little village.

Distance: 16 kms (easy cycle on gravel)

Overnight: Le Ballon Rouge Guest House (B&B)

Day 8

TULBAGH

This morning after breakfast, we will drive approximately 1.5 hours to Tulbagh. The historic country town of Tulbagh, nestles in an exceptionally beautiful valley surrounded by majestic mountains. This little town has stunning views, charming Cape Dutch and Victorian architecture.

Depending on the time, we will have lunch first & then we will do leisurely cycling along quiet rural roads through superb countryside, stopping for wine tasting at Twee Jonge Gezellen in the afternoon. Dinner at the Olive Grove Restaurant.

Distance: 30kms (easy gravel roads)

Overnight: Tulbagh Hotel (DBB & picnic lunch)

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Day 9

RIEBEEK-KASTEEL

After breakfast, we start cycling to Riebeeek-Kasteel. Riebeeek-Kasteel is one of the oldest towns in South Africa, situated 80 km from Cape Town in The Riebeeek Valley together with its sister town Riebeeek West. During 1661 Commander Jan van Riebeeek initiated an inland discovery expedition under the leadership of Pieter Cruythoff. They set off in the direction of Paardeberg and on 3 February 1661 they ascended a lonely mountain and came upon the fertile vista of the Riebeeek Valley. After lunch, which is on the hotel lawns, we go for a wine tasting at Kloofenburg. Dinner at the hotel.

Distance: 40kms (easy gravel roads)

Overnight: Riebeeek Valley Hotel (DBB & lunch)

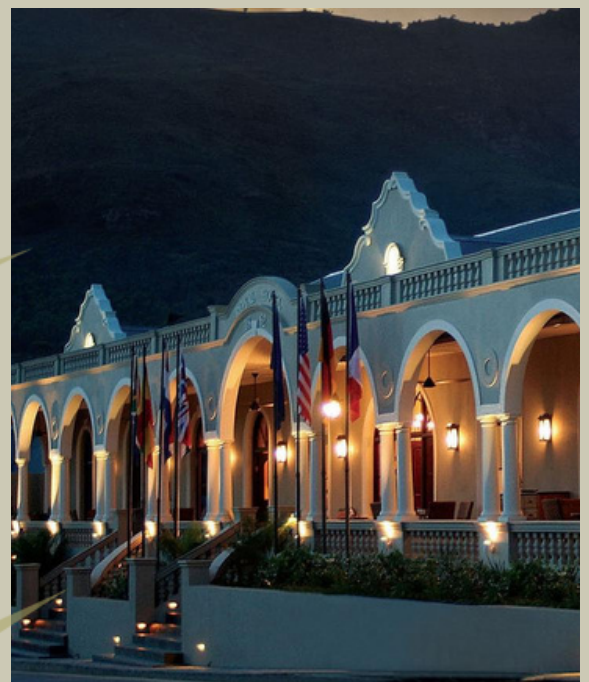
Day 10

RIEBEEK-KASTEEL

This morning we will start cycling after breakfast. The Kasteelberg cycle trail takes in the villages of Ongegund, Riebeeek West and Riebeeek-Kasteel, as well as the scenic (sand) Riebeeeksrivier Road. We will do this route at a leisurely pace, stopping to savour the views – wine tasting at Allesverloren Wine Estate at 12:30. We will then have lunch at the Pleasant Pheasant Restaurant.

Distance: 36kms (few hills – gravel)

Overnight: Riebeeek Valley Hotel (B&B)





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Day 11

AQUILLA GAME LODGE

This morning an optional 2 hour morning cycle is available. We will then have breakfast & depart at 11:00 for a 2 hour drive to Inverdoorn Game Lodge. We will arrive in time for lunch outside under the trees starting between 13H00 - 13H30. Lunch consists of buffet 5 starters, 2 main courses and 2 desserts. You will then go on a Safari in open 4X4 with a professional guide at 15H30 in search of The Big 5. Aperitif and dinner in the boma under the stars at 20H00

Distance: 35kms (easy gravel roads)

Overnight: Aquilla Game Lodge (Lunch, DBB)

Day 12

DEPARTURE - CAPE TOWN

This morning you will go on an early morning safari starting at 06H30 - followed by an English breakfast at 09H00. You will check out at around 10H30 & depart for the 3 hour drive to the airport. We will stop for lunch in Paarl on the way.

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